



Aetna Better Health® of Virginia

1-855-652-8249
TTY 711

www.aetnabetterhealth.com/virginia

Added benefits:

Adult dental

- 2 exams and cleanings and 1 set of x-rays each year, plus fillings, extractions, root canal and dentures (up to \$525 each year)

Adult hearing

- Exam and 1 hearing aid each year (up to \$500 each year)

Adult vision

- Eye exam and \$100 for frames, glasses or contacts each year

Phone services

- Free smartphone with 350 free minutes each month, data and free unlimited texts

Wellness programs

- Wellness rewards card
- Regional wellness center

Other benefits

- Memory alarms and devices
- Community health worker
- Diabetic shoes or inserts
- Free rides to grocery store, church, or social activity (30 round trips each year)
- Meals delivered to your home after discharge, 2 meals each day for 7 days



Anthem HealthKeepers Plus
Offered by HealthKeepers, Inc.

1-855-323-4687
TTY 711

www.anthem.com/vamedicaid

Added benefits:

Adult dental

- 2 exams and cleanings and 1 set of x-rays each year

Adult hearing

- 1 exam, \$1,000 for hearing aids and 60 batteries per year

Adult vision

- 1 eye exam each year
- \$100 for glasses (lenses and frames) each year

Phone services

- Free smartphone with 350 free minutes, 500 MB data each month and unlimited texts
- Mobile app to use on the go

Wellness programs

- Online search tool to find food, jobs and more

Other benefits

- Up to 3 rides every 3 months to community events, grocery stores and more
- Healthy Rewards gift card program
- \$50 for assistive devices and \$50 for walker and wheelchair accessories
- Air purifier (with approval)
- Online peer support services



1-800-424-4524
TTY 711
www.MCCofVA.com

Added benefits:

Adult dental

- 2 exams and cleanings and 1 set of x-rays each year (up to \$1,500 each year)

Adult vision

- \$150 for glasses or contact lenses every two years

Phone services

- Free smartphone with 350 free minutes, 1 GB of data and unlimited texts

Wellness programs

- Healthy rewards gift cards (up to \$50 each year)
- Help to quit smoking

Other benefits

- Fresh meals delivered to your home after discharge
- Environmental, home and vehicle modifications for all members, as needed
- Supportive employment services
- Online tool for anxiety, insomnia and depression
- Community Connections: Online directory of community services and organizations

Enhanced short-term services for all members, as needed

- Personal care attendant
- Respite care
- Caregiver training and support



1-888-512-3171 or 1-757-552-8360
TTY 711
www.optimahealth.com/communitycare

Added benefits:

Adult dental

- 1 exam, cleaning and set of x-rays each year (by DentaQuest)

Adult vision

- Discounts on eye glasses (by EyeMed)

Phone services

- Free smartphone with 350 free minutes, 1 GB of data and unlimited texts

Wellness programs

- Help to quit smoking
- Weight management

Other benefits

- Individualized, fully-integrated program with a state-wide network of providers
- Assistive devices
- Access these services through Care Coordinator:
 - Extended respite for caregivers
 - Diabetic foot care
 - Memory alarms and devices
 - Pest control
 - Meals delivered to your home after discharge from inpatient hospital or nursing facility, 2 meals each day for 7 days



1-866-622-7982
TTY 711

www.uhccommunityplan.com/va

Added benefits:

Adult dental

- 2 exams and cleanings and 1 set of x-rays each year

Adult vision

- Eye exam each year and frames and lenses every 2 years if needed

Phone services

- Free smartphone with 350 free minutes each month, unlimited texts, and pre-programmed support contacts

Wellness programs

- Quit For Life program and resources to quit smoking or tobacco use
- Weight Watchers: 10 meeting vouchers each year, resources for healthy eating and weight loss

Other benefits

- Health4Me® free mobile app for health tips, reminders and care team secure messaging
- Meals delivered to your home after discharge from inpatient hospital or nursing facility, 2 meals each day for 7 days
- Environmental and home modifications for all members, when needed



1-877-719-7358
TTY 711

www.virginiapremier.com

Added benefits:

Adult dental

- 1 exam, cleaning and set of bitewing x-rays each year

Adult vision

- 1 eye exam and up to \$100 for frames or contact lenses every 24 months

Phone services

- Free smartphone with 350 free minutes, data and unlimited texts

Wellness programs

- Exercise at participating fitness centers (ages 14 years or older)
- Wellness reward gift cards
- Healthy Heartbeats prenatal and postpartum wellness program with incentives
- Resources to help you quit smoking

Other benefits

- Access to retail clinics, such as Minute Clinic
- Online access to health plan services and resources
- Meal delivery after hospital or nursing facility discharge for up to 14 days as determined by your care coordinator